

Black Country Virtual Education Programme

26th May 2021

Primary School Swimming



Housekeeping

- Please keep your video off and your microphone on mute throughout the session, unless you are asked otherwise by the host.
- This session will be recorded to enable people who couldn't attend to watch at a later date.
- The chat feature is turned on and will be monitored by the ABC team.
- If we don't get round to answering all your questions today, you will receive a response to your question via email following the event.

Housekeeping

- The booking link is still open for the last few sessions. If you would like to attend please book on so we can send you the joining instructions.
- We will be promoting the session on twitter, so if you would like to share your thoughts, please tag in **@bcbeactive** and use **#BCPEConf** with your posts.

Remaining Sessions

Session 6

Thursday 27th May

3:45pm – 4:45pm

Using the power of Sport and Activity to support emotional and mental health

Session 7

Monday 7th June

3:30pm – 4:30pm

School Games and National School Sport Week

Closing Keynote

Tuesday 8th June

3:30pm – 5:00pm

Building Mental Well Being; from Reconnection to Recovery

Booking Link:
bit.ly/PEconf21

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Mike Salmon

Head of Insight, Health &
Wellbeing

Tim Aldred

Education lead

Active Black Country

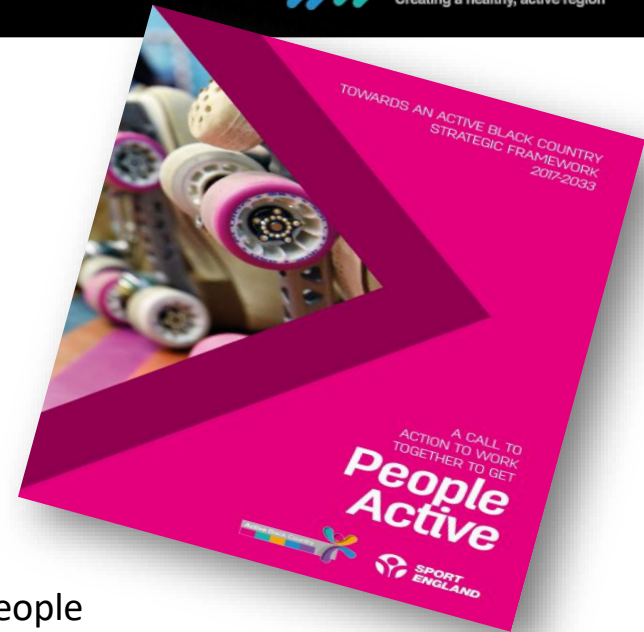
Towards An Active Black Country

We believe:

It is every resident's right to be active and play sport.
Sport can improve Black Country residents' lives

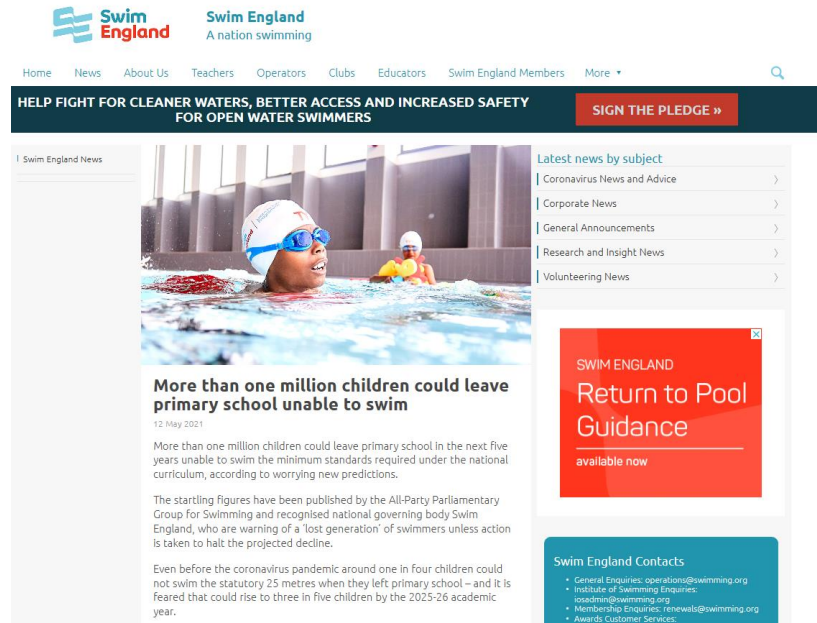
ABC Education Objectives

1. Develop a Lifelong Physical Activity Habit for all Children and Young People
2. Increase the number of Schools using PE, School Sport and Physical Activity (PESSPA) to impact on whole school outcomes
3. Increase the number of Schools using PE, School Sport and Physical Activity to contribute to tackling health inequalities



Swimming – The Challenge

1,186,555 pupils are expected to leave primary school between 2021-22 and 2025-26 unable to swim 25 metres unaided.



The screenshot shows the Swim England website. At the top, the logo for Swim England is displayed with the tagline "A nation swimming". Below the logo is a navigation menu with links for Home, News, About Us, Teachers, Operators, Clubs, Educators, Swim England Members, and More. A dark blue banner across the top contains the text "HELP FIGHT FOR CLEANER WATERS, BETTER ACCESS AND INCREASED SAFETY FOR OPEN WATER SWIMMERS" and a red button labeled "SIGN THE PLEDGE".

The main content area features a news article titled "More than one million children could leave primary school unable to swim" dated 12 May 2021. The article includes a photograph of a child swimming in a pool. The text of the article states: "More than one million children could leave primary school in the next five years unable to swim the minimum standards required under the national curriculum, according to worrying new predictions. The startling figures have been published by the All-Party Parliamentary Group for Swimming and recognised national governing body Swim England, who are warning of a 'lost generation' of swimmers unless action is taken to halt the projected decline. Even before the coronavirus pandemic around one in four children could not swim the statutory 25 metres when they left primary school – and it is feared that could rise to three in five children by the 2025-26 academic year."

On the right side of the page, there is a "Latest news by subject" section with a list of categories: Coronavirus News and Advice, Corporate News, General Announcements, Research and Insight News, and Volunteering News. Below this is a red promotional box for "SWIM ENGLAND Return to Pool Guidance available now". At the bottom right, there is a "Swim England Contacts" section with a list of email addresses for General Enquiries, Institute of Swimming Enquiries, and Membership Enquiries, along with a link for Awards Customer Services.

Primary School Swimming

All Primary Schools are required to provide swimming and water safety instruction to their pupils in either Key Stage 1 or Key Stage 2.

Standards

The minimum requirement is that, by the time they are ready to leave Key Stage 2, every child is able to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations

Our Ambitions

- **To support schools and families to increase overall levels of swimming and water safety across the region**
- **To develop a lifetime physical activity habit for all children within the Black Country through swimming and other physical activities.**

Reporting

Since 2017, schools are required to publish their swimming and water safety attainment levels as part of their reporting requirements for the PE and Sport Premium (PESSP).

This should be on their website, completed by July 31st each year, and state the percentage of their Year 6 cohort that can achieve each of the three minimum requirements.

Revised Reporting Template

The Department for Education (DfE) has given permission for schools to 'carry over' any underspend from the academic year 2019/20 into this year 2020/21, but this **must be spent and reported on by 31st July 2021**.

- A revised Reporting template from AfPE and YST has been released for schools to adopt (May 2021).
- This includes a section specifically to report on Swimming provision



Meeting national curriculum requirements for swimming and water safety.	
N.B Complete this section to your best ability. For example you might have practised safe self-rescue techniques on dry land which you can transfer to the pool when school swimming restarts. Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self rescue even if they do not fully meet the first two requirements of the NC programme of study.	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2021. Please see note above.	%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? Please see note above.	%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/No

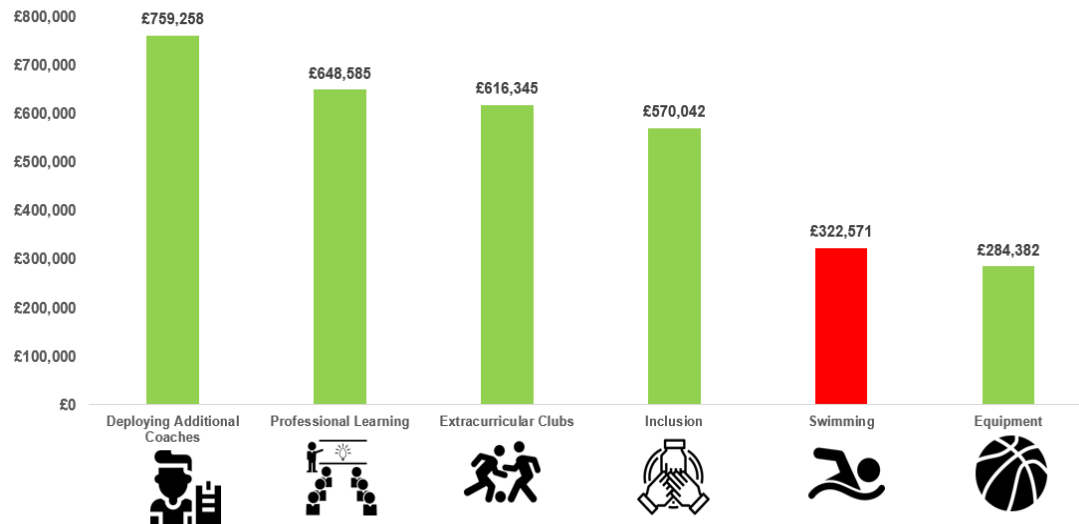
Created by:

Supported by:

<https://www.activeblackcountry.co.uk/what-we-do/education/primary-pe-and-sport-premium/>

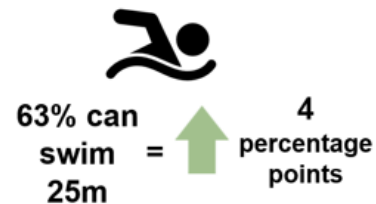


Black Country Sport Premium Spend

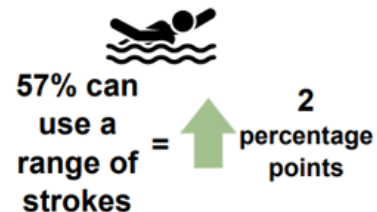




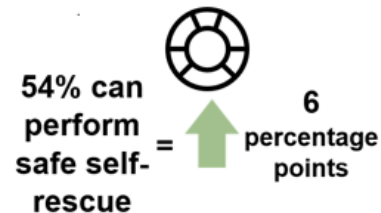
25m Proficiency



Range of Strokes

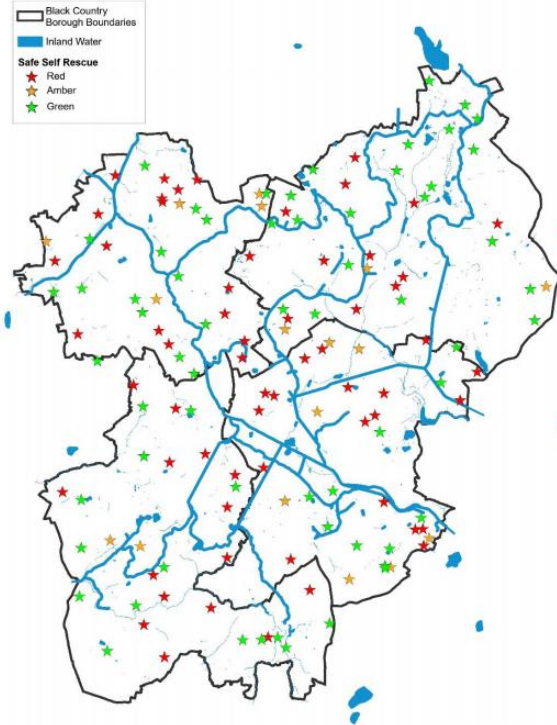


Safe Self Rescue





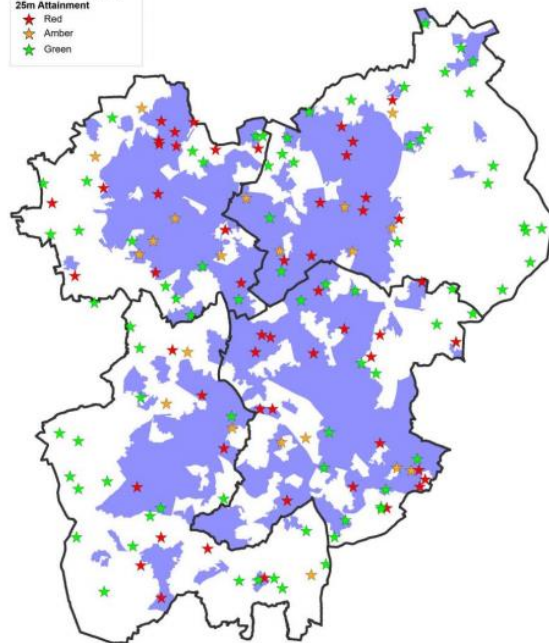
SAFE SELF RESCUE - WATER



**All Black Country
schools with Lower
levels of safe self-
rescue are located
within 1km of open
water sites**



25M ATTAINMENT



**65% of RED
rated schools
fall within
deprived areas**



**25m
proficiency in
schools in
deprived areas
is 55%**

Action Areas



**Swimming
Campaign**



**Workforce
Support**



**Local Action
Groups**



**Ongoing
School
Support**



**Commonwealth
Games**

Commonwealth Games

An opportunity to be used as a catalyst to inspire the next generation



Suggestions to increase Swimming Attainment

Top up lessons

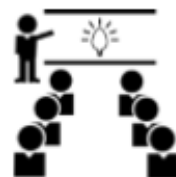
EG Portable pool hire for a group of local schools



Timetabling



Improved
Assessment
and Reporting
EG analysing data
and sharing with partners



Upskilling teachers
and support staff in
lesson delivery



e.g. Lifeguard
award for
school staff

Insight Poll into Swimming from April 2021





Any Questions?


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Tim_aldred@blackcountryconsortium.co.uk

www.activeblackcountry.co.uk

 @bcbeactive

 /Active Black Country

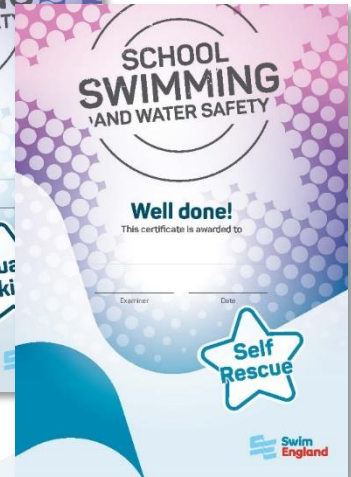
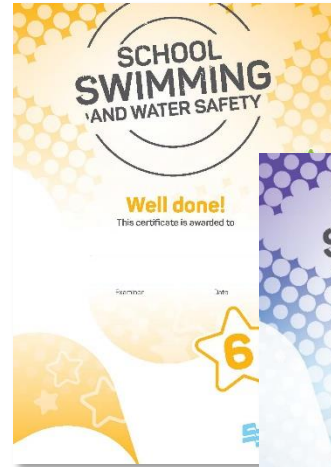
 Active Black Country

Ashley Jones
Swim England

School Swimming and Water Safety Charter



School Swimming and Water Safety Charter



School Swimming and Water Safety Charter

For schools and operators who sign up to the School Swimming and Water Safety Charter.

Includes a range of print and digital resources:

- Award certificates, pin badges, encouragement stickers and progress cards (passports) for learners.
- Syllabus guidance cards, lesson plan tips and templates for teachers.
- **Access to the online portal** where resources can be stored, downloaded and updated.
- Email updates from Swim England each term.
- Schools - £30 + VAT



For more information please follow this link:

www.swimming.org/schools/school-swimming-water-safety-charter/

School Swimming and Water Safety Charter

Foundation awards

- Developed for pupils who find it hard to achieve the national curriculum requirements.
- 6 progressive awards
- Supporting document and downloadable awards on the school swimming hub.



Institute of Swimming Training Opportunities

School Swimming and Water Safety Overview

In order to help you implement your school swimming programme, this free resource includes information on training opportunities and the School Swimming and Water Safety Awards Programme. This recognises the achievements of all pupils, from total beginner to the more advanced.

E-learning

FREE

www.swimming.org/ios/course/1310

Institute of Swimming Training Opportunities

National Curriculum Training Programme (NCTP)

This is made up of two training programmes. They use both theory and practical sessions to teach you the most effective ways of delivering school swimming for success.

- **Support Teacher of School Swimming** – once completed the holder will be able to actively assist and support a more qualified teacher. Candidates can then progress to the second training programme.
- **Teacher of School Swimming** – once completed the holder will be qualified to plan and evaluate session plans in line with the national curriculum, and teach independently in a school swimming programme.

Blended and Face-to-Face training options

www.swimming.org/schools/school-swimming-training/

Free webinar

Effective implementation of the School Swimming and Water Safety Charter

Thursday 10th June, 2021

1:00 – 2:30pm

www.swimming.org/swimengland/learn-to-swim-webinars/



Any Questions?

Contact us



Schoolswimming@swimming.org



www.swimming.org

Sarah Bicknell
Skills and Learning Coordinator

Canal and River Trust



Explorers

Canal & River Trust – Explorers

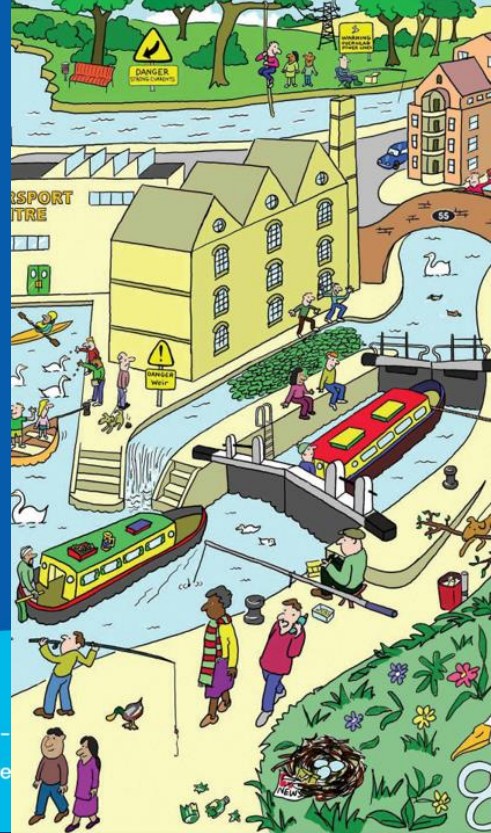
The Canal & River Trust is the charity who looks after and brings to life 2,000 miles of waterways, because we believe that life is better by water.

'Explorers' is the Trust's education programme aimed at children aged 5-11. We inspire children's learning by connecting them to our canals and rivers.

canalrivertrust.org.uk/explorers

Charity No: 1146792

-  @CRTEExplorers
-  Canal & River Trust -
-  explorers@canalrivertrust.org.uk



Canal & River Trust Water Safety

Water Safety

Learning to be safe near water is an important part of a child's education.

Canal & River Trust offer ways to make youngsters aware of water safety through special volunteer-led sessions and exciting challenges.

We offer **free assemblies** in school, **virtual workshops** and volunteer-led activities on the **towpath**.



What we offer schools

- **Virtual - 30-40 minute workshops for (KS1&2)**
- **Outreach - Water Safety Assembly in your school (KS1&2)**
- **Waterside Visits - all our volunteer-led visits include a water safety activity (KS2)**
- **Website resources – Challenges, Interactive Games, Videos, Teacher Guidance notes (KS1&2)**
- **Hard copy resources - Waterside Safety Booklets (KS2)**

Where to find our resources and book a session



canalrivertrust.org.uk/explorers/water-safety



List of resources

Helping you plan:

Activity Plan

Guidance notes

Classroom activities for
whiteboard or print:

Activity Book

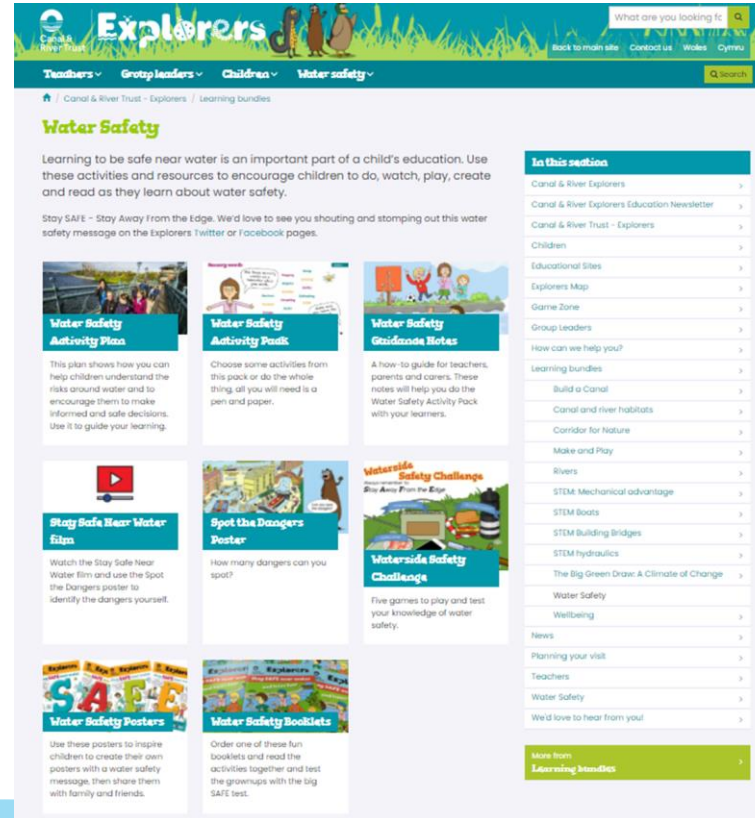
Waterside Safety Challenge

Youtube animated film

Posters

Order:

Water Safety Booklets (to order)



The screenshot shows the 'Water Safety' page on the Explorers website. The page features a navigation menu with 'Teachers', 'Group leaders', 'Children', and 'Water safety'. The main content area is titled 'Water Safety' and includes an introductory paragraph: 'Learning to be safe near water is an important part of a child's education. Use these activities and resources to encourage children to do, watch, play, create and read as they learn about water safety.' Below this, there are several resource cards: 'Water Safety Activity Plan', 'Water Safety Activity Pack', 'Water Safety Guidance Notes', 'Stay Safe Near Water film', 'Spot the Dangers Poster', 'Waterside Safety Challenge', 'Water Safety Posters', and 'Water Safety Booklets'. A right-hand sidebar titled 'In this section' lists various resources like 'Canal & River Explorers', 'Educational Sites', 'Explorers Map', 'Game Zone', 'Group Leaders', 'Learning bundles', 'STEM Mechanical advantage', 'STEM Boats', 'STEM Building Bridges', 'STEM Hydraulics', 'The Big Green Draz: A Climate of Change', 'Water Safety', 'Wellbeing', 'News', 'Planning your visit', 'Teachers', 'Water Safety', and 'We'd love to hear from you!'. At the bottom of the sidebar is a 'More from Learning bundles' section.

Learning Outside the Classroom

Plan a self-led visit

Apprehensive about organising a school visit near water?

Don't worry, we have lots of advice to help you

Book a led visit or activity

We have a team of education volunteers know as 'Explorers' who lead Waterside Visits on our property for KS2 classes.

Book online





Explorers

Thank you for listening

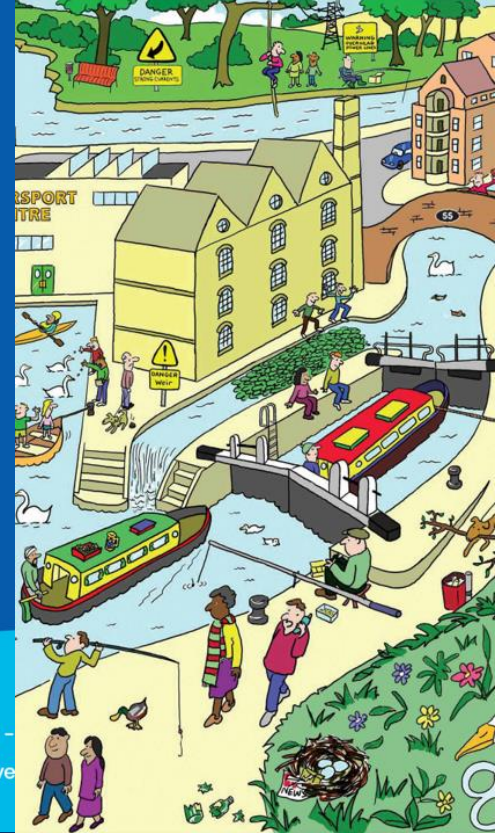
Check out our website:
canalrivertrust.org.uk/explorers

Hope to meet you and your class soon!

canalrivertrust.org.uk/explorers

Charity No: 1146792

-  @CRTEExplorers
-  Canal & River Trust -
-  explorers@canalriver



Canal & River Trust Water Safety

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Thank you for attending.

All slides and links to all the recordings will be available at www.activeblackcountry.co.uk shortly.